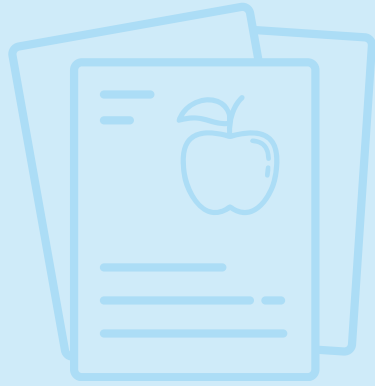




MOISSON
OUTAOUAIS
LA BANQUE ALIMENTAIRE RÉGIONALE



MARCH 2025

DEPICITING FOOD INSECURITY

Our growth is not a performance indicator, but rather the symptom of a social emergency

NUMBERS SPEAK FOR THEMSELVES

In March 2025 only

162 785 kg
of food distributed
16% more than in 2024

51
affiliated
member organizations

94 036
food help requests
answered

4452
assisted households



WHO IS ASKING FOR HELP?

21 % of assisted people are without a job
This number has doubled in the past 4 years

Working no longer guarantees eating

36.9 % are children
Almost 7% increase in 4 years

A constant increase that becomes troubling

Almost half of the assisted clients are families

HOUSING AND POVERTY

More than 50%

of the people receiving assistance in our network live in private rental housing.

The affordable housing crisis remains the main cause of the financial insecurity affecting households in the Outaouais.



According to the predictive model developed by Avisa, food aid requests in the Outaouais will increase by 4 to 5% annually, totalling more than 110,000 requests in 2027.